

# Micah Counseling Services

Counseling – Coaching – Consulting

## Client Intake Form

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Date: \_\_\_\_\_

### **Basic Information - Please Print**

Name: Last \_\_\_\_\_ First: \_\_\_\_\_ MI: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

### **Responsible Party (if different than above)**

Name: Last \_\_\_\_\_ First: \_\_\_\_\_ MI: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Leave Message?  Yes  No

Work Phone: \_\_\_\_\_

Leave Message?  Yes  No

Cell Phone: \_\_\_\_\_

Leave Message?  Yes  No

Email Address: \_\_\_\_\_

DOB: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age: \_\_\_\_  Male  Female  Other SSN: \_\_\_\_ - \_\_\_\_ - \_\_\_\_

Emergency Contact: \_\_\_\_\_

Telephone: \_\_\_\_\_

Relationship to You: \_\_\_\_\_

Marital Status:  Single  Married/Partnered  Separated  Divorced  Widowed

Spouse/Partner's Name: \_\_\_\_\_ Number of years together: \_\_\_\_\_

Religious/Spiritual/Other Preference:  
\_\_\_\_\_

Referred by: \_\_\_\_\_

May we thank the person?  Yes  No

### **Counseling / Coaching Concerns**

Briefly describe why you are seeking counseling currently?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What would you like to see happen because of counseling / coaching?

\_\_\_\_\_  
\_\_\_\_\_

How would you rate your family relationships?  Poor  Distance  Close

**Medical and Psychological History**

Physician's Name: \_\_\_\_\_ Physician's Phone: \_\_\_\_\_

Date of last physical: \_\_\_\_\_

List physical illnesses or symptoms: \_\_\_\_\_  Check if none

\_\_\_\_\_

| Current Medication | Dosage | Frequency | Prescribing MD |
|--------------------|--------|-----------|----------------|
|--------------------|--------|-----------|----------------|

\_\_\_\_\_

Psychiatrist's Name: \_\_\_\_\_ Psychiatrist's Phone: \_\_\_\_\_

Have you been in counseling before? Yes  No  If yes, when? \_\_\_\_\_ With whom? \_\_\_\_\_

If applicable, what was your experience in counseling?

\_\_\_\_\_

How many days per week do you exercise? 1-2 3-4 5 or more

How would you rate your diet? Poor Balanced

Please check the following you use as well as note the amount and frequency:

Caffeine: \_\_\_\_\_  Tobacco: \_\_\_\_\_

Alcohol: \_\_\_\_\_  Marijuana: \_\_\_\_\_

Cocaine, Crack: \_\_\_\_\_  Other: \_\_\_\_\_

Have you ever had a DUI?  Yes  No If yes, how many? \_\_\_\_\_ When? \_\_\_\_\_

**Services are Provided on a Fee-For-Service Basis**

We do not accept health insurance. If applicable, Health Savings Accounts (HSA) and Flex Spending Accounts (FSA) can be used to pay for services.

Would you like to join our email list for upcoming workshops or groups?  Yes  No

For up-to-date resources, visit our website: [www.micahcounseling.com/resources](http://www.micahcounseling.com/resources).

*(The Information in this form will be kept strictly confidential)*